

**Amaze Yourself Career Notes**  
**by Keri Coffman-Thiede, CPCC, Career Coach**

*Information and inspiration to support you in finding and following your Passion!*

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**Theme and Quote for the Month:**

“Things which matter most must never be at the mercy  
of things that matter least.” ~ Goethe

**Reclaiming your Dream: Redefining Commitment**  
~ Keri Coffman-Thiede, CPCC

The very word commitment conjures up feelings of dread and fear of missing out on other options, cutting ourselves off from other possibilities. We're also taught commitment involves making ourselves be and do things we don't want to by sheer force of will. It's struggling to persevere...“QUIT” is a four letter word. Yet, I've noticed that making a commitment frees us to focus and attract what is aligned with us and expedites the manifestation of our dreams and desires.

To read more go to [www.amazeyourself.net](http://www.amazeyourself.net).

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**October Sale!**

It's getting down to the last few weeks of my pregnancy and before I take my month hiatus after the baby is born, I want to offer you the opportunity to get coached now! Until my baby is born (my due date is Nov 1<sup>st</sup>!), I will be offering single coaching sessions for half price...\$50! An hour long coaching session via phone will support you in finding the most effective action to take to improve your career life satisfaction. Bring your most pressing issue to the call...Are you considering a job change or returning to school? Wondering if starting your own business is really what you want? Wanting greater work life balance?

Just come to the coaching session ready to:

- Describe your current challenge or goal
- Uncover blocks getting in the way of new possibilities
- Strategize a plan to create more of what you want
- Commit to implementing action

This session will include a follow- up email a week later to provide you accountability for taking the action(s) you commit to! This is a limited time offer so call me to schedule a time ASAP, 608-592-1765.

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**Resource: Great website for business owners and sales people!**

[www.salesdogs.com](http://www.salesdogs.com)

If it's important to you to find your authentic sales style, you will want to explore this website! Marco Antonio Regil, Blair Singer and Robert Kiosaki (author of Rich Dad Poor Dad) have teamed up to bring you a variety of resources on this site. I highly recommend you take the free diagnostic test to determine what kind of sales dog you are. This will help you identify your innate strengths so you can design a sales and marketing plan that is in line with who you naturally are and help you attract your perfect customers. Other free diagnostic tests are offered and a variety of books and CDs can be purchased that focus on building a successful sales team, generating leads and more.

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**The Optimist Creed** (from the Optimist Club)

**Promise Yourself...**

- ... to be so strong that nothing can disturb your peace of mind.**
- ... to talk health, happiness and prosperity to every person you meet.**
- ... to make all your friends feel that there is something in them.**
- ... to look at the sunny side of everything and make your optimism come true.**
- ... to think only of the best, to work only for the best and to expect only the best.**
- ... to be just as enthusiastic about the success of others as you are about your own.**
- ... to forget the mistakes of the past and press on to the greater achievements of the future.**
- ... to wear a cheerful countenance at all times and give every living creature you meet a smile.**
- ... to give so much time to the improvement of yourself that you have no time to criticize others.**
- ... to be too large for worry, too noble for anger, too strong for fear, and too happy to permit the presence of trouble.**

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**Enjoy yourself ~ Have an Amazing month!**

**Keri Coffman-Thiede, CPCC, Career Coach**  
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*Create a Work life that inspires your Whole Life!*  
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