

Amaze Yourself Career Notes

Information and inspiration to support you in finding and following your Passion!

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Quote for the Month

“Courage is not the absence of fear but the decision that something else is more important than fear. ~ Ambrose Red Moon

I want to encourage you to focus this month on making choices from courage rather than fear. What would happen if you began make choices based on your excitement of what you DO want in your life rather than fear of avoiding what you DON'T want?

Article: Finding the Work you Love

Culturally, a career seems to be defined as “a way to make money so that one can afford the quality of life one really wants.” This perspective of career is focused on getting money so that you can have and do things when you're *not* working. The actual work of the career is overlooked or at best considered a tolerable necessity. Yet, for most of us, the hours spent working far outnumber the hours we have to enjoy our hard-earned “quality of life.” Let's face it: we want to do more than tolerate our work. We want to enjoy it!

Read more on my website, www.amazeyourself.net and discover the key elements you need to know to find the work you love.

May Workshop

READY TO GROW YOUR BUSINESS?
3 International Coaches Share Business Growth Strategies
Wednesday, May 9, 2007
8:00 a.m. – 12:00 p.m.
Edgewater Hotel

Learn more at www.amazeyourself.net

\$35 includes Continental Breakfast, Information or registration: Call Kim Lambert, 608-335-7747
or email: dreamcatchercoaching@charter.net

Living Your Dreams In The Flow

A Companion Group Coaching Program for "I Can't Believe I Get Paid To Do This!" by Stacey Mayo

Living Your Dreams is a group coaching program that was designed specifically to support and help you get the results you've only dreamed of by implementing the strategies used by extremely successful people outlined in "I Can't Believe I Get Paid To Do This! AND by harnessing the Law of Attraction. You will be taught how to integrate the Law of Attraction AND apply Proven Success Strategies to your business and/or dream. It's a sure-fire recipe for success.

As a participant in this exciting 6-month program, here are some of the life changing benefits you can experience:

- Create a 180-day plan with the support structures to make it happen
- Make your dreams happen with more ease
- Get past any fears, blocks or resistance that holds you back
- Provide you with tools to reduce anxiety and increase the level of joy in your life on a daily basis
- Increase income/revenues
- Use your time more efficiently
- Harness and utilize your talents to their greatest capacity
- Build confidence in your ability to make your dreams happen
- Gain the support of a group of people who will encourage you and stand by you in creating your dream
- Expand your contacts without leaving home and create friendships that could last a lifetime
- Shorten your learning curve by learning from the best
- Get support to stretch beyond your current plateau or status
- Minimize your risk while still making great progress
- Realize your own worth and earn accordingly
- And much more ...

This group is perfect for **entrepreneurs, creative types**, and those who want to **start their own business** or a **new venture** as well as **anyone who has a dream!** Your value in participating in this program is that your dreams can become a reality sooner rather than later!

To learn more about what you'll receive as a member of the group, visit my website, www.amazeyourself.net.

This group will start in June and a meeting time will be established to accommodate the participants. Limited spaces so call me with questions, 608-592-1765, and get registered ASAP!

Recommended Book

The Law of Attraction is becoming common language and even a "buzz" word but do you really understand what it is or its impact on your life? **Michael Losier's** book, The

Law of Attraction, The Science of Attracting More of what you Want and Less of What you Don't, is a powerful resource providing you concrete tools to use to help you focus your attention, energy and focus on what you WANT so you can attract it into your life!

Career Tip for staying motivated:

Being in career transition creates many challenges in our lives and calls us forth more than ever to stretch out of our comfort zones. We lose motivation when we focus on obstacles and doubt our efforts will pay off in the results we want. We become consumed with thoughts of all the things we DON'T want to happen. When this kind of ruminating starts, the key is to simply shift your thinking back to your desired outcome as quickly as possible. You can do this by answering this powerful question: "So what DO I want?" For example, when you are anxious about an upcoming interview and afraid you will be caught speechless or talk yourself in circles... ask yourself, "So, what DO I want?" Allow yourself to envision how you really want to be at the interview...perhaps easily speaking your mind, confidently answering their questions and clearly articulating past experience that demonstrates your competence for the job.

This is one of the powerful tips you can learn by reading Michael Losier's book, The Law of Attraction.

**Follow your inspiration and
have an Amazing month!**