

Amaze Yourself Career Notes

Information and inspiration to support you in finding and following your Passion!

- Theme and Quote for the Month: Taking Action - the space between “making it happen” and “letting it happen”
- Recommended workshop- Perceptual Thinking Patterns
- UW Mini Course - Future Teleclass – Finding and Following your Passion
- Recommended book: Overcoming Under Earning, by Barbara Stanny
- Inspiration for Transition – Excerpt from A Mystic Garden, by Gunilla Norris

Theme and Quote:

*Always bear in mind that your own resolution to succeed
is more important than any one thing.
~ Abraham Lincoln (1809-1865)*

Somewhere between “making it happen” and “letting it happen” is where the most effective action takes place when striving towards a desire. Have you ever been excited about a goal you have, put all kinds of effort into making it happen only to feel like you’re going in circles and not accomplishing a thing? I recommend taking a look at this article (see the link below) by Michael Losier, the author of the book, The Law of Attraction. This article helps clarify WHEN to take action. You may be surprised! <http://www.lawofattractionbook.com/allowing/im-confused-do-i-need-to-take-action-or-not.html>

Recommended Workshops

Perceptual Thinking Patterns: The Mind at Work

June 24-25, 2008

8:30am-4:30 pm

Pyle Center

www.dcs.wisc.edu/pda/registration

Understanding PTP has many benefits. “We discover more ease in understanding and collaborating with family, community members, employees, and colleagues. We are better able to offer our skills and abilities, increasing our productivity and effectiveness. Lastly, understanding how we learn and communicate can create deeper satisfaction in our lives, enhancing our creativity and self-awareness.”

I myself have taken this workshop and I use this knowledge daily. Vida Groman and Denise Jess are entertaining and fun. You leave knowing yourself better and able to apply this knowledge to enhance your daily life and relationships.

***Sign up soon- it often sells out!

"The Front of the House & Career Success: a Feng Shui Perspective" with Feng Shui practitioner Linda Mundt. Tuesday, April 15 at 7 p.m. in the Middleton Public Library, 7425 Hubbard Avenue, Middleton, WI 53562.

Pre-register by calling 827-7403 or e-mail mid@scls.lib.wi.us, or just stop by the library's reference desk

UW Mini Course – Future Teleclass:

My UW mini course was filled with students shortly after it was advertised. There is also a waiting list so I know there is more interest. Read the description of the class below and let me know if YOU would be interested in me holding this class via teleconference over a 6 week period.

Finding and Following your Passion
Facilitated by Keri Coffman-Thiede, CPCC
April 8, 15 and 22 from 6-8pm
UW campus- Madison

Are you are feeling lost not knowing what you want next in your career? Are you wondering what your passion is or if you have one? Join this class and have the support you need to help you find and follow your passion. In this three session course, you will be provided the tools and support to:

- **Discover your passion and purpose**
- **Bust through fears and negative assumptions that hold you back from claiming the life you really want**
- **Curb the craziness of everyday survival to allow space in your life to pursue your passion.**
- **Replace condemnation and criticism with playfulness and fun**
- **Begin engaging in activities that allow you to experience the fun and fulfillment of living true to your passion**

Recommended Books:

Overcoming Under Earning- a Five-Step Plan to a Richer Life, by Barbara Stanny

Complete with exercises and visualizations, this isn't just a book you read. If you fully participate, it becomes a journey of self discovery that allows you to identify and overcome the emotional issues that keep you earning less than your potential. Barbara Stanny's practical advice and inspiring testimonials educate and motivate you to take new actions and transform your relationship with money.

A Mystic Garden by Gunilla Norris is a perfect book for all you gardeners of both soil and soul. In it, the author shares the experience of gardening and harvesting and illuminates the spiritual metaphors of living. I'll end my newsletter this month with an excerpt from it.

Inspiration for Transition

“Mud Season” from A Mystic Garden by Gunilla Norris

“The grass is intensely green next to patches of lingering snow. This is the time between- neither winter, not spring. So much is invisible now, yet deep down there is burgeoning, an unstoppable force.

The ground is saturated. Life teems below the surface. Right now, in this messy, volatile weather-one day warm, the next day freezing- a transition is happening. Can we trust our own confused, inner mud season as much as the one outside the window? Can we trust that what is not now visible in our lives will emerge one day?

Somewhere in the Talmud it is said that every blade of grass has its own angel whispering, “Grow. Grow!” Are we too sophisticated for angels, too proud to be helped? What would happen if we listen for that loving whisper meant for us?”

Have an amazing month!